

Is Pornography that big of a deal?

Stats from Enough is Enough: https://enough.org/stats_porn_industry

- Children under the age of 10 now account for 1 in 10 visitors to porn video sites.
- More and younger children are accessing internet pornography. The average age of first exposure is 11 (Randel and Sanchez, "Huffington Post" - 2016). However, "children under 10 now account for 22% of online porn consumption under 18" (British Journal of School Nursing.)
- Visits to Pornhub totaled 33.5 billion over the course of 2018, an increase of 5 billion visits over 2017.
- 12 new videos and 2 hours of content are uploaded to Pornhub every minute
- the average worldwide Pornhub user now being aged 35.5 years old. Together, millennials aged 18 to 34 remained as 61% of Pornhub's traffic.
- 80% of Pornhub's worldwide visits now coming from smartphones and tablets.

Porn's Direct link with Human Trafficking

Human Trafficking has become a top-level issue globally, nationally, and even right here in Wichita. We have all heard about it, but have we thought about what the pornography industry has to do with Trafficking?

- WSU's Founding Executive Director for the Center for Combating Human Trafficking Karen Countryman-Roswurm, LMSW, Ph.D., Interview Truth About Porn: (3:33): <https://youtu.be/uDo4xy2d9CM>
- Porn Fuels The Demand For Sex Trafficking — Truth About Porn <https://youtu.be/OiRgwJebdC8>
- Sex Trafficked Woman Reveals The Dark Reality of Porn: <https://youtu.be/Wv4xVourQ9g>

How Porn Affects the Brain:

- Dr. Pat Love on Adolescents & Pornography <https://youtu.be/L7hJvWKwfOc>
- How Porn Affects the Brain: <https://youtu.be/qBtgA0ZLWo0>

Real stories:

- Maria's Story: How Porn Ended My Marriage (5:58): <https://youtu.be/cQR4FF6qLBk>
- Gabe Deem's True Story: Discovering The Problem With Porn (2:16) <https://youtu.be/v2yhRA9xigl>
- Mark's Story: I Was Addicted To Porn At Age 12 (4:31): <https://youtu.be/qeyrB0poWRQ> start at 1:25: <https://youtu.be/qeyrB0poWRQ?t=85> – 4:00
- Breanne: A True Fighter (2:13) : <https://youtu.be/ppHJHuhX-hU>
- Seth's Story: Graphic Designer Talks Overcoming Addiction To Porn (5:13): <https://youtu.be/voHx0rE0Rvc>
- Trailer for Brain, Heart, World - Documentary Series Trailer (2:17): https://youtu.be/_aIXdMzHAcS



PROTECT YOUR FAMILY FROM PORNOGRAPHY

1. Be Aware of the dangers from Pornography.
2. Talk with your children and family about the dangers and the how to avoid it.
3. Protect all computers, cell phones, video game consoles and other electronics that have any internet access with filtering and accountability software. Keep these devices in public areas of the house such as kitchens and living rooms and limit the time they can be used.
4. Monitor all social networking sites (Facebook, Instagram, Snapchat, Twitter, TikTok etc.) and know all usernames and passwords to all social networking, email, phone and frequently monitor all account activities.
5. Secure TV and paid TV services (“cable,” satellite, Netflix, Hulu, etc.) with parental locks and limits. Block all “adult” or “mature” content. Read movie and TV reviews for questions or specific information on the content online (www.pluggedinonline.com and www.common sense media.org are great resources).
6. Get to know the parents of your children’s friends and verify those parents are protecting their family from pornography and share these resources with them.
7. Create a joyful and encouraging atmosphere for your family. Have family dinners, prayer time, gatherings, fun activities together. Be encouraging to your children and teens and open to conversations and questions. Affirm them often and build them up through the time spent together.

